

You can enroll in a Starbridge limited-benefit health plan.

We want to help you make an informed decision. The brochure inside of this packet offers details about your Starbridge plan options. Before you review the brochure, please read the special notice below that highlights the annual limits for these Starbridge plan options. An “annual limit” is the maximum amount of dollars your plan will pay for a category of covered services (such as “outpatient services”) in a specific time period (such as a year).

The Affordable Care Act prohibits health plans from applying arbitrary dollar limits for coverage for key benefits. This year, if a plan applies a dollar limit on the coverage it provides for key benefits in a year, that limit must be at least \$750,000.

Your health insurance coverage, offered by Connecticut General Life Insurance Company, does not meet the minimum standards required by the Affordable Care Act described above. Instead, it puts an annual limit of:

Covered Services	Level 1	Level 2
Outpatient Care	up to \$1,000 per coverage year	up to \$1,250 per coverage year
Inpatient Care	up to \$2,000 per coverage year	up to \$3,000 per coverage year
Supplemental In-hospital Surgery		up to \$1,500 per surgery
Supplemental Maternity-related Illness		up to \$1,500 per occurrence
Prescription Coverage	Not included	up to \$300 per coverage year
Accident Medical Coverage	up to \$1,000 per accident 2 accidents per coverage year	up to \$2,500 per accident 2 accidents per coverage year

In order to apply the lower limits described above, your health plan requested a waiver of the requirement that coverage for key benefits be at least \$750,000 this year. That waiver was granted by the U.S. Department of Health and Human Services based on your health plan’s representation that providing \$750,000 in coverage for key benefits this year would result in a significant increase in your premiums or a significant decrease in your access to benefits. This waiver is valid for one year.

If the lower limits are a concern, there may be other options for health care coverage available to you and your family members. For more information, go to: www.HealthCare.gov.

If you have any questions or concerns about this notice, contact CIGNA at 1-800-420-6308.

For plans offered in states with a Department of Insurance that offers a Consumer Assistance Program, you can contact them directly. Please see contact information on next page.

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State	Primary #	Secondary #	State	Primary #	Secondary #
AL	(334) 241-4141	(334) 269-3550	MT	(406) 444-2040	
AK	(907) 465-2515	(800) 467-8725	NE	(877) 564-7323	
AZ	(602) 364-2499	(800) 325-2548	NV	(702) 486-4009	(800) 992-0900
AR	(501) 371-2640	(800) 852-5494	NH	(603) 271-2261	
CA	(213) 897-8921	(800) 927-4357	NJ	(973) 648-4713	(800) 446-7467
CO	(303) 894-7490	(800) 930-3745	NM	(888) 427-5772	
CT	(860) 297-3800	(800) 203-3447	NY	(212) 480-6400	
DE	(302) 674-7310	(800) 282-8611	NC	(919)807-6750	(800) 546-5664
FL	(850) 413-3140	(877) 693-5236	ND	(701) 328-2440	(800) 247-0560
GA	(404) 656-2070	(800) 656-2298	OH	(614) 644-2658	(800) 686-1526
HI	(808) 586-2790	(808) 586-2799	OK	(405) 521-2828	(800) 522-0071
ID	(800) 721-3272		OR	(503) 947-7984	(888) 877-4894
IL	(312) 814-2420	(877) 527-9431	PA	(717) 787-2317	(877) 881-6388
IN	(317) 232-2395		RI	(401) 462-9517	
IA	(515) 281-5705	(877) 955-1212	SC	(803) 737-6180	(800) 768-3467
KS	(785) 296-3071	(800) 432-2484	SD	(605) 773-3563	
KY	(502) 564-3630	(800) 595-6053	TN	(615) 741-2176	
LA	(225) 342-5900	(800) 259-5301	TX	(800) 252-3439	
ME	(207) 624-8475	(800) 300-5000	UT	(801) 538-3800	(800) 439-3805
MD	(410) 468-2204		VT	(802) 828-2900	(800) 631-7788
MA	(617) 521-7794		VA	(804) 371-9741	
MI	(517) 373-0220	(877) 999-6442	WA	(360) 725-7080	(800) 562-6900
MN	(651) 296-2488	(800) 657-3602	WV	(800) 435-7381	
MS	(601) 359-3569	(800) 562-2957	WI	(608) 266-3585	(800) 236-8517
MO	(573) 751-2640	(800) 726-7390	WY	(800) 438-5768	

Health coverage is within your reach.



Plan Highlights:

- Doctor visits as low as \$15
- Up to \$3,000 Inpatient Care
- Up to \$5,000 Accident Coverage
- Prescription Drug Programs
- CIGNA 24-Hour Employee Assistance ProgramSM

Plans starting at only
\$29.¹⁴ semi-monthly

Also Available:

- Dental/Vision^{**} Plan

**The vision discount program is not insurance.

Ofrecemos seguro médico. Favor de marcar el 1-877-552-5015.

Notice of Grandfathered Plan Status

This plan is being treated as a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your coverage may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the program administrator at 1-800-511-2902, or an explanation can be found on CIGNA's website at http://www.cigna.com/sites/healthcare_reform/customer.html.

If your plan is subject to ERISA, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

If your plan is a nonfederal government plan or a church plan, you may also contact the U.S. Department of Health and Human Services at www.healthreform.gov.



If you answer “yes” to at least one of these questions, a Starbridge plan may be right for you.

- Do you skip check-ups or visits to the doctor when you're sick because you're uninsured? yes
- Have you had to take unpaid time off work in the past year due to an illness or health problem? yes
- Is it hard for you to find quality health care providers because you don't have an insurance card? yes
- Do you buy over-the-counter medicines instead of going to the doctor or filling a prescription? yes
- Have you ever needed help from family, friends or the government to pay for basic medical care? yes

Who is eligible?

All full-time and part-time employees working more than 20 hours per PAY PERIOD are eligible.

When will my coverage begin?

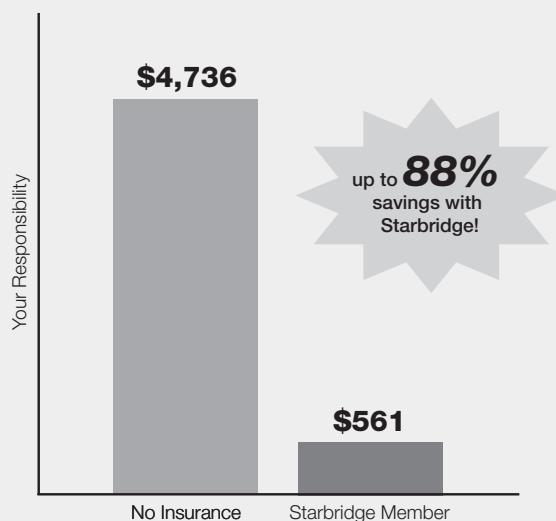
Your coverage will begin the first day of the month following thirty days of employment. Once your enrollment is approved, you will receive your ID cards and Summary Plan Description booklet containing claim forms.

Starbridge plans give you many ways to save on medical costs.

- **Network discounts** of about 30-50% off of usual charges from network providers
- **Outpatient coverage** for services outside of the hospital such as doctor's visits, outpatient surgery, lab work, x-rays and urgent care
- **Inpatient (hospital) coverage** for some charges related to surgery, maternity and overnight stays
- **Prescription drug programs** that offer an average of 15% off of brand name drugs and 40% off of generics
- **Wellness coverage** (after a \$20 copay) for childhood immunizations, annual wellness exams and many screenings (varies by state)

Savings for Broken Arm = \$4,175*

Bill from Contracted Outpatient Doctor



Starbridge member pays \$561 after network discounts and covered benefits.

**Amounts reflected serve as an example only and may not accurately reflect your plan. Starbridge is a sickness & accident plan that covers everyday medical expenses. It is not a major medical plan and is not designed to cover major health problems like heart disease or cancer.*

Questions? Call a Starbridge Benefits Specialist: 1-877-552-5015 • www.starbridge.com

STEP 1: Choose the plan that's right for you.

Please refer to the medical chart at the back of this brochure for more detailed information.

Starbridge is a sickness & accident plan that covers everyday medical expenses. It is not a major medical plan and is not designed to cover major health problems like heart disease or cancer.

Because these are limited-benefit plans, it's best to choose the highest level of coverage that you can afford. If you're having trouble matching your budget with your health plan needs, you may find the following guidelines useful, or you can contact a Starbridge Benefits Specialist for help at 1-877-552-5015.

Level 1 Plan



Semi-Monthly Rates

Myself only	\$29.14
Myself and 1 dependent	\$71.67
Family	\$108.27

*Stay healthy and active.
Plan for the unexpected.*

If you're healthy and active and have a limited budget, this plan is your best option.

"Even after I reach my benefit maximum, I still pay less at the doctor because CIGNA negotiates great discounts for me."

Level 2 Plan



Semi-Monthly Rates

Myself only	\$59.63
Myself and 1 dependent	\$146.38
Family	\$221.15

*Discover the security that comes with
health coverage. Feel better about life.*

If you're fairly healthy but looking for more than basic coverage, Starbridge Level 2 Plan is a reasonable option. Prescription and Wellness benefits are included in this plan.

"Starbridge helps me with everyday medical expenses like prescriptions and doctor visits—plus it helps me budget for them."

STEP 2: Choose an additional plan option.



Dental/Vision Plan Semi-Monthly Rates*

Myself only	\$9.92
Myself and 1 dependent . .	\$19.15
Family	\$28.36

*The vision discount program is not insurance.

Dental/Vision Plan

Dental

It's more than just a pretty face: good health starts with your teeth and gums. If you think going to the dentist isn't really important, think again. Your dental health impacts the rest of your body in serious ways. Research shows that gum disease, an infection of your gums, puts you at risk for conditions such as heart disease, stroke, diabetes and pregnancy complications. And because gum disease is usually painless in the early stages, you may not even know that you have it. That's why going to the dentist is just as important as getting a check-up at the doctor's office.

Big savings on visits to the dentist...all for just a few dollars a week.

Starbridge offers a Dental Plan that is available to you as an additional plan option. You'll save on annual cleanings, fillings and even major procedures such as root canals. Don't wait—your health may depend on it!

Example of How the Dental Plan Works

For illustrative purposes only. Actual fee schedules vary by location.

Periodic Oral Exam	Average Cost	\$36
	CIGNA Network Discount*	-\$12
	Dental Plan reimburses you	-\$17 (see chart below)
	You Pay	\$7

* For a complete list of participating network dentists visit www.starbridge.com

This is how much you'll be reimbursed for each procedure:

Dental Plan Reimbursement Chart \$25 per person annual deductible		
Maximum Covered Charge	Maximum Covered Charge	Maximum Covered Charge
Oral Examination D0120 Periodic Oral Exam* \$17 D0140 Limited Oral Exam/Problem Focused \$27 D0150 Comprehensive Oral Exam † \$27 D9110 Emergency - Palliative Treatment \$38	X-Ray and Pathology D0210 Entire Dental Series (Intraoral) Including Bitewings** \$40 D0220 Single Film - Initial \$7 D0230 Single Film - Each Additional \$7 D0240 Intra-Oral Occlusal Film** \$10 D0250 Extraoral - First Film \$11 D0260 Extraoral - Each Additional \$9 D0270 Bitewing Film, One* \$8 D0272 Bitewing Films, Two* \$12 D0274 Bitewing Films, Four* \$17	Prophylaxis and Fluoride D1110 Prophylaxis for age 14 and over* \$30 D1120 Prophylaxis for age under 14* \$20 D1203 Topical Application of Fluoride, Child* \$12 D1204 Topical Application of Fluoride, Adult* \$12 D1351 Sealant, Per Tooth \$16
Amalgam Restoration for Primary/Permanent Teeth D2140 Amalgam Filling - 1 Surface \$35 D2150 Amalgam Filling - 2 Surfaces \$45 D2160 Amalgam Filling - 3 Surfaces \$56 D2161 Amalgam Filling - 4 or more Surfaces \$64	Extractions D7140 Extraction-Erupted tooth or exposed root \$39 D7220 Removal Impacted Tooth - Soft Tissue \$45 D7230 Removal Impacted Tooth - Partially Bony \$70 D7240 Removal Impacted Tooth - Completely Bony \$85 D7241 Removal Impacted Tooth - Completely Bony w/Unusual Surgical Complications \$85 D7250 Removal Residual Tooth Roots \$30 D7510 Incision & Drainage of Abscess \$45 D9220 General Anesthesia \$52	Periodontics D4341 Scaling and Root Planing, Per Quadrant \$72 D4355 Full Mouth Debridement to Enable Comprehensive Periodontal Evaluation \$50 D4910 Periodontal Maintenance \$53
Synthetic Restorations D2330 Composite Resin - 1 Surface \$42 D2331 Composite Resin - 2 Surfaces \$55 D2332 Composite Resin - 3 Surfaces \$67 D2335 Composite Resin - 4 or more Surfaces \$69 D2390 Composite Resin Crown, Anterior \$77 D2391 Composite Resin - 1 Surface Posterior \$50 D2392 Composite Resin - 2 Surfaces Posterior \$68 D2393 Composite Resin - 3 Surfaces Posterior \$85		Endodontics (excluding final restoration) D3220 Therapeutic Pulpotomy \$20 D3310 Root Canal - Anterior \$125 D3320 Root Canal - Bicuspid \$135 D3330 Root Canal - Molar \$140
FOOTNOTES * Limited to once every 6 months † Limited to once every 12 months ** Limited to once every 3 years		

Vision Discount Program*

You and your covered family members receive a membership in the CIGNA Vision Network Savings Program.

- Save up to 40% on frames
- Save \$5 off routine exams and \$10 off contact lens exams

*The vision discount program is not insurance.

Questions? Call a Starbridge Benefits Specialist: 1-877-552-5015 • www.starbridge.com

Choose Starbridge for value and peace-of-mind.



I was injured playing a sport and it turned out to be a broken arm. I went straight to the emergency room and showed them my Starbridge ID card. The doctor was great and I felt better knowing that I had insurance coverage. Thanks to Starbridge, I didn't have to stress about big bills or lots of time off work. I saved a lot of money and was back on the job in no time! I only had to pay about \$500, much better than the \$4,500 total bill I would have been responsible for without insurance.



I was paying \$100 for a doctor's visit when I was uninsured. Now that I have Starbridge, I pay just a copay. For my plan, it's \$20. Starbridge pays the rest, up to a benefit maximum. Even after I reach my benefit maximum, I can still pay less at the doctor because Starbridge negotiates great discounts for me.



I had to take my kids to the doctor four times last year...and I saved \$320 thanks to Starbridge! Plus I paid less for prescriptions and other services throughout the year. I feel good just knowing that I can provide for my family and make sure that they stay healthy.

Turn this page for Step 3 to enroll!

Questions? Call a Starbridge Benefits Specialist: 1-877-552-5015 • www.starbridge.com

STEP 3: Enroll Now.



Limited-benefit health plan

Choose Your Enrollment Method *(select one)*

Group Number: 3434
Store/Unit Number: _____

A) Enroll by Phone: Call 1-877-552-5015 to enroll.

Starbridge Benefits Specialists are available Monday–Friday, 5:00am to 6:00pm MST.

B) Enroll Online: Visit www.starbridge.com to enroll quickly and securely from the convenience of your personal computer.

C) Enrollment Form: Simply complete this enrollment form and turn it in to your manager.

ENROLLMENT FORM Underwritten by Connecticut General Life Insurance Company, P.O. Box 55270 • Phoenix, AZ • 85078

First Name _____ Middle Initial _____ Last Name _____

Street Address _____ City _____

State _____ Zip Code _____ Date of Birth[†] ___/___/___ Gender[†] M / F

Social Security # _____ - _____ - _____ Hire Date ___/___/___

1. Select the Plan(s) You Want:

Select only one medical plan. Level 1 Plan Level 2 Plan

Please select all you want. Dental/Vision** Plan

**The vision discount program is not insurance.

2. Select Who You Want to Cover: Check only one, even if multiple plans are selected.

I want to cover myself only I want to cover myself and 1 dependent

I want to cover my family

3. Dependent Information: If additional space is needed, please attach separate sheet.

Spouse's Full Name _____ Social Security # _____ Date of Birth _____

Child's Full Name _____ Son/Daughter _____ Social Security # _____ Date of Birth _____

Child's Full Name _____ Son/Daughter _____ Social Security # _____ Date of Birth _____

4. Beneficiary Information: Person who will receive benefits in the event of your death.

Full Name _____ Relationship to You _____

Street Address _____ City _____ State _____ Zip Code _____

[†]This information is being collected for administrative purposes only, and not for medical underwriting.

For Oregon residents only. Have you had prior coverage (less than a 63 day gap)? Please forward us the Certificate of Creditable Coverage from your prior carrier. **For Florida residents only.** Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree. **For all other states' residents.** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime, may be violating state law, and may be subject to fines and confinement in prison.

5. Sign to Enroll: X _____ /_____/_____
[Date]

Authorization: I hereby elect to participate in the Starbridge Insurance Plan for benefits made available under Internal Revenue Code Section 79, 105, 106, 125 and these Sections as amended. I understand that the Plan will automatically convert to pre-tax status any eligible payroll deductions which are provided through the Plan. I understand that by participating in this Plan my Social Security benefits may be reduced since these premiums will be deducted before my salary is taxed. This election will remain in effect for the Plan Year. My election CANNOT be changed during the Plan Year in accordance with Internal Revenue Service Guidelines unless a qualifying event occurs which includes: marriage, divorce, legal separation, death of spouse, birth or legal adoption of child, death of child, spousal change of employment affecting insurance coverage, eligibility to Medicare or Medicaid or change in residence affecting insurance coverage. Any person who knowingly and with intent to injure, defraud, or deceive any insurer, files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a crime and may be subject to fines and confinement in prison.

Declination Notice: No, I do not wish to enroll in the coverage offered above. **WAIVER OF COVERAGE:** Failure to elect coverage (for yourself and/or any of your dependents) during the Open Enrollment Period may result in no coverage until the next Open Enrollment Period. It may not be necessary to wait for the next Open Enrollment Period if you qualify as a Special Enrollee. Please fill out top, sign, and date.

Sign here if you do not want to enroll: X _____ /_____/_____
[Date]

Questions? Call a Starbridge Benefits Specialist: 1-877-552-5015 • www.starbridge.com

Medical Benefits Chart (applies to each covered individual)

Starbridge is not a major medical plan.

	Level 1 (Plan 370)	Level 2 (Plan 371)
Illness		
Outpatient Care deductible Starbridge pays maximum amount paid by plan	\$100 per coverage year 80% \$1,000 per coverage year	\$100 per coverage year 80% \$1,250 per coverage year
Doctor Office Visits ¹ copay Starbridge pays	\$15 100%	\$15 100%
Inpatient Care Starbridge pays maximum amount paid by plan	100% \$2,000 per coverage year	100% \$3,000 per coverage year
Additional In-Hospital Surgery Starbridge pays maximum amount paid by plan	covered in Inpatient Care	100% \$1,500 per occurrence
Additional Maternity Benefit Starbridge pays maximum amount paid by plan	covered in Inpatient Care	100% \$1,500 per occurrence
Wellness		
Wellness Benefit ³ copay Starbridge pays number of occurrences maximum amount paid by plan	not covered	\$20 100% 1 per coverage year \$100 per coverage year
Pharmacy		
Prescription Benefit copay Starbridge pays maximum amount paid by plan	discount program included ²	discount program included ² \$15/generic, \$30/pref. brand 100% \$300 per coverage year
Injury		
Accident Coverage ⁴ deductible Starbridge pays number of occurrences maximum per occurrence maximum amount paid by plan	\$50 per occurrence 80% 2 per coverage year \$1,000 \$2,000 per coverage year	\$50 per occurrence 80% 2 per coverage year \$2,500 \$5,000 per coverage year
Accidental Death Benefit Starbridge pays	\$10,000	\$15,000

PLEASE NOTE: If visiting the ER for a true emergency, your benefits may come out of Outpatient, Inpatient, and/or Accident Coverage. If you receive *non-emergency treatment in the Emergency Room*¹ (care you could receive in a doctor's office), your coverage is reduced to: \$100 deductible per occurrence, the plan pays 50% of total bill with a \$500 maximum per year. You will be responsible for the remaining balance.

More valuable services that are included in your plan:

Online Tools

CIGNA provides a variety of online tools available only to our members. You'll be able to locate network doctors or pharmacies that provide discounts to our members. You can also track the status of claims that have been submitted.

CIGNA 24-Hour EAP

The CIGNA 24-Hour Employee Assistance ProgramSM is available day or night for helpful information on a range of health topics. The EAP Program includes access to: a 24-hour nurse line, mental health assistance (includes 3 in-person consultations per year per condition), and a health information library.

Healthy Rewards[®]

Healthy Rewards[®] offers you discounts on health products and services such as: weight loss programs, vitamins, and dental products. You'll receive discounts of up to 60% on brand names like Weight Watchers, Jenny Craig[®] and much more.

Healthy Rewards[®] is not available in all states, and is not insurance.

¹ The total amount Starbridge pays will count toward your Outpatient Care Maximum. ² The prescription discount program is not insurance.

³ Provision varies by state. ⁴ Work related injuries are not covered. The benefits above are provided by policy form SBCII-GMP-02.

Questions? Call a Starbridge Benefits Specialist: 1-877-552-5015 • www.starbridge.com

SPECIAL ENROLLMENT

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 31 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage). In addition, if you have a new dependent as a result of marriage, birth, adoption, placement for adoption, or Qualified Medical Child Support Order you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 days after the marriage, birth, adoption, or placement for adoption.

Loss of coverage (non-COBRA) that can qualify for Special Enrollment includes, but is not limited to:

Loss of eligibility for coverage as a result of legal separation, divorce, cessation of dependent status (such as attaining the maximum age to be eligible as a dependent child under the plan), death of an employee, termination of employment, reduction in the number of hours of employment, and any loss of eligibility for coverage when a plan no longer offers any benefits to the class of similarly situated individuals that includes the individual.

To request special enrollment or obtain more information, contact a Customer Service representative at 1-877-552-5015. Representatives are available Monday through Friday, 5 AM to 6 PM, Mountain Standard time.

LIMITATION FOR PRE-EXISTING CONDITION¹ – The Pre-Existing Condition Limitation provision described below does not apply to anyone who is under 19 years of age.

Pre-Existing Condition means a condition for which a Covered Person has been medically diagnosed, treated by, or sought advice from, or consulted with, a Doctor during the 6 months before his effective date of coverage (or waiting period start date) under this Policy. Benefits for this coverage shall not be payable for a Pre-Existing Condition as defined herein. This provision will cease to apply to any expenses incurred in connection with a Pre-Existing Condition after 12 months of continuous coverage (or 12 months from your waiting period start date).

The Pre-Existing Condition Limitation above does not apply to newborn or adopted children, or to any pregnancy. Pregnancy, and genetic information with no related treatment, will not be considered Pre-Existing Conditions. Any Pre-Existing Condition limitation can be reduced by that period of time the Covered Person was previously covered for the condition causing claim; provided, such Covered Person:

1. Was validly covered under his prior plan with Creditable Coverage, within 63 days prior to becoming insured under this policy; and
2. Became insured under this policy within 63 days after termination of his prior coverage exclusive of any waiting period.

BENEFIT LIMITATIONS¹ – Coverage is not provided for services, supplies or equipment when a charge is not usually made in the absence of insurance.

No coverage is provided for loss caused by or resulting from:

1. Injury or sickness arising out of or in the course of employment;
2. War or act of war
3. Expenses which are not ordered by a Physician;
4. Cosmetic surgery. This does not apply to reconstructive surgery due to:
 - a. trauma, infection, or other disease; or
 - b. congenital disease or anomaly of a covered dependent newborn or adopted infant; or
 - c. surgery on a non-diseased breast to restore and achieve symmetry between two breasts following a mastectomy.
5. Hearing examinations or hearing aids;
6. Vision services and supplies other than for a disease process, radial keratotomy, keratomileusis or excimer laser photo refractive keratectomy or similar type procedures or services;
7. Charges made by a health care provider who is a member of your family or who is living with you;
8. Custodial Care confinement in a Hospital or Skilled Nursing Facility;
9. Home Health Care Services, unless provided in place of a Hospital confinement.
10. Commission of a felony;
11. Manipulations of the musculoskeletal system;
12. The treatment of mental or nervous disorders, alcoholism, or any form of substance abuse, except as specifically provided;²
13. Intentionally self-inflicted injury or suicide attempt;
14. Dental care and treatment, except that required by injury and rendered within 6 months of the injury;
15. Treatment which is experimental or investigational;
16. Any expense incurred after the date the policy terminates.

DEFINITION OF DEPENDENT¹ – Your Dependent is:

1. Your spouse,
2. Your children up to age 26.

ACCIDENTAL DEATH – No coverage is provided by death caused by:

1. War or act of war
2. Suicide within 2 years of your effective date,
3. Medical or surgical treatment of sickness of disease, or
4. Flight except as a passenger in a commercial airline.

DENTAL EXCLUSIONS

Benefits will not be paid for dental expenses arising from or in connection with:

1. Services or supplies for which a charge is not customarily made in the absence of insurance.
2. Injury arising out of or in the course of employment; or which is compensable (in South Dakota, which is paid) under any Workers' Compensation or Occupational Disease Act or Law.
3. Declared or undeclared war, or act of war.
4. A service furnished to a Covered Person for:
 - a. Cosmetic purposes, unless needed as a result of Injury. Facing on crowns, or pontics, posterior to the second bicuspid shall always be considered cosmetic;
 - b. Dental care of a congenital or developmental malformation (unless benefits for orthodontic services are specifically provided in the Schedule of Benefits).
5. Replacement of lost or stolen appliances.
6. Appliances, restorations, or procedures for the purpose of altering vertical dimension, restoring or maintaining occlusion, splinting, or replacing tooth structure lost as a result of abrasion or attrition, or treatment of disturbances of the temporomandibular joint. In Arkansas, treatment for the temporomandibular joint is not excluded.
7. A service not furnished by a Dentist, except:
 - a. That performed by a Dental Hygienist under the supervision of a Dentist;
 - b. X-rays ordered by a Dentist.
8. Intentionally self-inflicted injury or suicide attempt.

TERMINATION

A Covered Person's coverage will terminate at 12:01 a.m. Standard Time at Your home on the earliest of the following:

1. The date the Policy terminates;
2. The date this Certificate terminates;
3. The date coverage is terminated by Us for all certificate holders in Your state;
4. The date we receive a written request to terminate coverage,
5. The end of the period for which premium is paid, subject to the Grace Period.
6. The date a Covered Person enters the armed forces of any country. Membership in the reserves or in the National Guard is not deemed entry into the armed forces. Active duty service in the reserves or National Guard for a period of 31 consecutive days or more will be deemed entry into the armed forces.
7. With respect to a Dependent spouse, the date the spouse no longer qualifies as a Dependent, unless coverage is continued as stated in the Continuation of Coverage provision.
8. With respect to a Dependent child, the date that child no longer qualifies as a Dependent, unless coverage is continued as stated in the Continuation of Coverage provision.

At least 60 days prior written notice will be given to You if We terminate Your coverage for any reason, except for nonpayment premium.

FOOTNOTES

- ¹ Provisions, Limitations & Exclusions may vary where required by state law.
- ² Where treatment of mental or nervous disorders, alcoholism, or substance abuse coverage is mandated by state law, program complies with the federal mental health and substance abuse parity requirements.

February 1, 2011

IMPORTANT NOTICE REGARDING PATIENT PROTECTION AND AFFORDABLE CARE ACT (PPACA)

The Patient Protection and Affordable Care Act of 2010 (the "Act") requires that we provide the following notices regarding two changes brought about by the Act.

Dependent Coverage

Individuals whose prior coverage ended, or who were denied coverage (or were not eligible for coverage) under the plan while under the age of 26 because they at that time exceeded the age of dependents eligible to enroll are eligible to enroll in your CIGNA Starbridge plan. Individuals may request enrollment for such children for 30 days from the date of this notice. Enrollment will be effective March 1, 2011. For more information contact the CIGNA Starbridge Customer Service Team at 1-800-511-2902.

Lifetime Dollar Limits

Lifetime benefit maximum provisions are now prohibited. The CIGNA Starbridge plan does not have any lifetime limits. If you satisfy the eligibility requirements for this plan, you are eligible to enroll without regard to whether you previously exceeded the lifetime benefit maximum under a prior plan. Eligible individuals have 30 days from the date of this notice to request enrollment. For more information contact the CIGNA Starbridge Customer Service Team at 1-800-511-2902. Please note that the annual limits on benefits in your employer's current Starbridge plan still apply (as permitted by the Secretary of Health and Human Services until 2014).



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